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| **Oraginisation** | **Services** | **Contact** |
| Connect Well East Kent | Hub team are operational as normal and telephone services are still active.  Open Mon, Weds and Fri 8:30am – 6pm  Tues and Thurs 9am – 5pm | 0300 302 0178 |
| Carers Support East Kent | CSEK are operational as normal and the Hub team still offering emotional support.  Open Mon, Weds and Fri 8:30am – 6pm  Tues and Thurs 9am – 5pm | 0300 302 0178 |
| Silverline Telephone Befriending Service | 24 Hour befriending service.  Free, confidential service to share worries and fears. A good sign posting service. he Silver Line is a helpline and friendship service for people aged 55 and over. | 0800 470 80 90 |
| Thanet Coronavirus support | A list of services across Thanet who are offering support during this difficult time. Click the link to the right. | <http://thanetcoronavirusassistance.com/delivery/?fbclid=IwAR03vIF0BJ-vrpPTpLkaF3sITBDcvPC9r7TQFjQYJS_hSenPl31zwtowhxg> |
| Age UK Thanet | Day Services are open to existing clients and are offering I and A support over the phone only. Also available for shopping calls.  Buddy Box Hot Meal Delivery is open for anyone that needs food and is £8.00  Age UK Support at Home Service – operational as per normal contact Debby Turner via email. | 01843 223881  [debby.turner@ageukhernebay.org.uk](mailto:debby.turner@ageukhernebay.org.uk) |
| Ageless Thanet | Providing a free telephone service, during office hours, for 50+ Thanet residents who are struggling with feelings of social isolation and loneliness during this time and would like to hear a friendly voice to see how you are.  You can contact them via phone, email or on social media (Facebook and Twitter)  Ageless Thanet will also be sharing videos on how to use the internet and social media to stay connected with friends and family during the COVID – 19. | 01843 21005  [info@agelessthanet.org.uk](mailto:info@agelessthanet.org.uk)  <https://www.facebook.com/AgelessThanet/> |
| Cliftonville Community Centre | Open as usual Mon, Tues, Weds and Fri up until 1st April  From 1st April Mon, Tues and Weds from 9:30-12:30am | Elaine or Paul 01843 221913 |
| Global Generation Church | The Global Generation site is now closed.  Offering support over the telephone. Supporting Orbit Customers with accessing food and supplies. All Services will be shared online until further notice.  Currently the aspire homeless project is currently still operational. | 01843 226232 |
| Thanet Community Support Partnership | TCSP are offering their car scheme to all ESSENTIAL hospital/medical appointments only. | Samantha Howlett  01843 609337  [info@kcv.org.uk](mailto:info@kcv.org.uk) |
| Salvation Army, Ramsgate | They are currently running a food bank but please ring ahead to make an appointment as it may cause unnecessary travel.  The Salvation Army are also available to deliver food and supplies to elderly who are self isolating in the Ramsgate area. | Carl Whitehead  07900 497326 |
| The Gap Project | Still open for homeless support on Friday 20/3, 2-4pm. Café still open at the moment. Friday afternoon club planned to run. | 01843 602762 |
| The Bus Café Thanet | Offering a home delivery service from their food and drink menu between 9am and 3pm. No minimum order and no charges for delivery. They have bread and different types of milk available and all prices will be the same as in the shop. | 01843 297985 |
| St Pauls Food Bank (Margate) | Open as usual – Thursday mornings 10:30am – 12:30pm | 01843 221913 |
| Thanet Community Transport Association | Offering a personal shopping service and wiling to help anyone who is self isolating and who cannot get out and about. | 01843 602030 |
| Westgate Town Council | The town council are offering a service of volunteers to visit homes within the town to help isolated people to do shopping, walk the dogs, friendly phone calls, picking up prescriptions and general needs.  If you know someone who needs this please contact the Town Clerk on the number/email to the right. | 01843 836182  [townclerk@westgateonsea.gov.uk](mailto:townclerk@westgateonsea.gov.uk) |
| Changing Minds - The Lifeboat project | They will provide mental health support, advice, anxiety management, food and essentials for the local community throughout the Corona virus Pandemic. This will consist of weekly podcasts, videos discussing all things wellbeing, exercise, nutrition and more!  To offer free delivery of care packages for those in isolation within our local community, including food, toiletries & entertainment (Crosswords, card games, colouring books, etc).  To establish a phone line for those seeking a friendly chat / video chat if possible. To set up a social media hub for individuals to access for tips on combating loneliness whilst in isolation. To grow and adapt the project alongside the ever-changing situation to provide support for as many affected individuals as we can possibly reach. | Colin Rouse – [colin.rouse@changingmindskent.co.uk](mailto:colin.rouse@changingmindskent.co.uk) |
| Best One Westgate | They are offering free home delivery services for supplies such as food etc. | 01843 831664 |
| Krusty Kobb bakeries | Offering free home delivery for food to peoples home who are self isolating and are unable to get out. | 01843 835447 |
| Prentis Greengrocers | Offering free home delivery to self isolated people. (Fruit and veg etc) | 01843 834934 |
| Posillipos restaurant Broadstairs | Are offering to do peoples shopping and deliver it to their home for self isolated people. | 01843 601133 |
| the Kitchen CT9 in Cliftonville | will deliver any surplus stock they have to peoples homes who are self isolating | 01843 293376 |
| Birchington Support group | Are offering a free service which includes shopping locally, walk dog and collect prescriptions etc. | Dave Adams - 07540 813028 or Jan Adams – 07540 812564 |
| Farley’s Furniture | The business wants to support anyone in need living in Ramsgate, Margate, Broadstairs, Westgate, Birchington and Sandwich. They will go and get the shopping and deliver it to their home. Delivery is free. The business said people who want to use the service can pay them for the shopping in cash on delivery or by bank transfer.  <https://www.kentonline.co.uk/thanet/news/company-shopping-for-people-in-self-isolation-223974/> | 01843 593069 |
| Age Concern Deal | Day Services are still operational as per government guidelines. Hot meals are costed at £7.00  Offering food delivery services and hot meal deliveries. (Both are paid for services and will be invoiced at a later date) | 01304 372608 – Deal |
| Age UK Folkestone | Day Services are still operational as per government guidelines  Offering food delivery services and hot meal deliveries. Hot meals are costed at £7.00  (Both are paid for services and will be invoiced at a later date) | 01303 279031 - Folkestone |
| Age UK Herne Bay | Day Services are now closed.  Befriending service is now a telephone befriending service between working hours. There is also A Call in Time – can sign up to this online on the national Age UK’s website. One call a week from a befriender. It may be a few weeks or so (especially now as demand may be high) before they match people up with volunteers but worth registering.  Personalised Independence Programme – virtual hub - still accepting referrals – still supporting via telephone and where we can. | 01227 749570  Services can be accessed Online [www.ageuk.org.uk](http://www.ageuk.org.uk) |
| Age UK Faversham | Age UK Faversham are providing meals on wheels and the Hands 2 Help independent living service (which can do shopping). I&A available as usual, but most of the work is being done over the telephone. | 01795 532 766 |
| Whitstable Food Bank | Whitstable Umbrella Centre Will be providing food parcels during isolation periods and are happy for neighbours/friends to collect food parcels on behalf of people who are isolating | 01227 274880 |
| Deal Food Banks | St Richards church – Tuesdays 12pm -2pm  Wednesday Victoria Road 4:30pm – 6pm  Fridays Trinity Church Union Road 10am -12pm  Foodbank centres open but no tea or coffee | 01304 728428 |
| Sandwich Food Banks | Thursdays Phoenix Centre Jubilee Road 1pm-3pm  Foodbank centres open but no tea or coffee | 01304 728428 |
| Ashford Age UK | Meals on Wheels, Meals on Wheels Plus (3 meals delivered – to include lunch, tea and breakfast for the following day), Shopping, Prescription collection, Keeping in touch calls, Telephone befriending, Dog walking. | 01233 668765 |
| Aylesham Food Banks | Fridays – St Fimbarr Church Market Square 12:30pm – 2:30pm  Foodbank centres open but no tea or coffee | 01304 728428 |
| Ashford Vineyard Church | Mon, Tues, Thur 9-12 noon & last Sat of every month  If in need please contact the foodbank. | 01233 331919 |
| Ashford Community Care | Food shopping delivery services Ashford | Martin Kemp 07732 977417 / 01233 612224 |
| Home help choice | Food shopping delivery services Ashford | Richard Spinx 07807 177656 |
| Faversham Food Bank | The Gospel Mission Church, Tanners Street  WEDNESDAY 1.30pm to 4.00pm  FRIDAY 1.30pm to 4.00pm | [07938720604](tel:07938720604%20answer%20phone) |
| Folkestone Methodist Church | Sandgate Road Folkestone  Tues and Fri 2pm -3:30pm  Please check the website www.shepway.foodbank.org.uk as regular updates will be posted on here | 07913573403 |
| New Romney Christian Centre | North Street  Tues 5:30pm -7pm  Please check the website www.shepway.foodbank.org.uk as regular updates will be posted on here | 07913573403 |
| Lydd | Hardy Hall, Skinner Road  Fri 6:30pm – 7:30pm  Please check the website www.shepway.foodbank.org.uk as regular updates will be posted on here | 07913573403 |
| Savages Fruit and Veg Lydd | Offering fruit baskets and other veg within the Lydd area. Also offering a delivery service as well. | 01797 363280 |
| Kerry’s kitchen Lydd | A local café which are making food deliveries within the Lydd area | 01797 321052 |
| Sport England | How to stay active during the COVID-19 period whilst self isolating. | <https://www.sportengland.org/news/how-stay-active-while-youre-home?fbclid=IwAR1iAFixU3b9a3VNSPAUXT_qaDmCw7HPysQEXd3wcI-Odhthcvllmilx7IM> |
| Elham Wellbing | A group of volunteers who are offering services such as, Food Shopping, Prescription Collection, dog walking or just companionship. | Claire – 07702268475  [Claireg.elhampc@gmail.com](mailto:Claireg.elhampc@gmail.com) |